



Cucumber Mojito Blender Juice

4 servings
15 minutes

Ingredients

2 cups Water (filtered)
4 Lime (juiced)
2 tbsps Maple Syrup
2 Cucumber (large, peeled, seeded and chopped)
1 cup Mint Leaves (loosely packed)
1/8 tsp Sea Salt

Directions

- 1 Add all of the ingredients (except water) to a high-speed blender. Blend on high for one minute or until very smooth.
- 2 Divide evenly between mason jars and fill glass with ice.
- 3 Fill the glass with water and stir to combine. Enjoy!

Notes

Optional Addition , Add 20ml of Pure Aloe Juice, per serve and blend in step 1.

No Maple Syrup, Use honey or a few drops of stevia to taste instead.

Don't like pulp, Strain the juice into a pitcher with a fine mesh sieve to remove the pulp.

Like Fizz, Replace the filtered water with sparkling water or mineral water.

Visual Appeal , Add some extra lime and cucumber slices to the glass before topping with water.

Storage, Juice will keep in the fridge for one day.